



## Economic and Social Council

Distr.: General  
7 December 2015

Original: English

---

### Commission on the Status of Women

#### Sixtieth session

14-24 March 2016

**Follow-up to the Fourth World Conference on Women and to the twenty-third special session of the General Assembly entitled “Women 2000: gender equality, development and peace for the twenty-first century”**

### **Statement submitted by Federación Internacional de Asociaciones de Ayuda Social, Ecológica y Cultural, a non-governmental organization in consultative status with the Economic and Social Council\***

The Secretary-General has received the following statement, which is being circulated in accordance with paragraphs 36 and 37 of Economic and Social Council resolution 1996/31.

---

\* The present statement is issued without formal editing.



## Statement

**“Educational training in values to transform the limitations and constraints of the way of thinking and vision of life, of woman who have lived or are living in states of vulnerability, should be included into projects and actions for the development of woman.”**

Our proposal for the Sixtieth session of the Commission on the Status of Women (CSW60) has as a major component to generate a change of way of thinking and behavior in woman, as the best tool to overcome inequalities, violence, non-respect for human rights, discrimination, strengthening the worth of woman and empowering them, so they may live with confidence, responsibility and taking advantage of opportunities.

The Federacion Internacional de Asociaciones de Ayuda Social, Ecologica y Cultural, Inc. (FIADASEC) has 25 years of experience in community service and social assistance for more than 1.123 families in Bolivia, Dominican Republic, Peru and Colombia. Helped providing with medicines, educational support, disease prevention, general assistance, and this experience leads us to a conclusion: not only is there to nurture and care of the body and intellectual knowledge, food, health, education (colleges and universities) and give them a profession so they can achieve a work and a salary to take care of their families, but also to generate a change in his way of thinking about themselves and about life, to really have an incidence in woman development.

There are women that, by their life circumstances are conformists and believe not to be able to change the situations that surround them, that as much as they try, they won't be able to improve their social and economic circle and will need “assistance” always, have no power to soar to new states of life and satisfaction.

Women, despite having received the same support that all other persons, do not move, do not transform, do not develop. Instead those who are helped to transcend their circumstances and understand that they are in situations of scarcity and vulnerability, and that state is considered as temporary and that there are possibilities of change, they find opportunities, achieve their goals, improve and succeed. That the circumstances are not the human being, that scarcity is not their identity, is only a social or economical state that can be transformed, that victim is not their identity. And the vision about their own improvement is reflected in this comment: “Your institution helped me in so many ways, but what really changed my life, was to discover that I am a valuable being, with all the possibilities of achieving my goals, that I'm the same as anyone else, have nothing less than the rest of human beings and let myself to discriminate against me, considering me a being without a future, without any chance of being someone in the world.”

The root of the problem lies in the “way of thinking” that is set in their mind, when they are exposed to extreme situations, precariousness and insecurity, lack of love and care, and this is the point we have to improve, through the education for self-worth, to transcend the limits imposed by the circumstances experienced or inherited, for that to come to reveal the human values that each being has and must give to life to feel satisfaction and happiness. The self-esteem generates security and empowers people who are in a state of vulnerability.

Therefore, we propose to integrate into projects and actions for the development of women, educational training in values to transform the limitations and constraints of the way of thinking and vision of life of those who have lived or are living in states of vulnerability, to achieve its improvement, and to discover and connect with their power that underlies every human being to help change their reality.

These actions generate continuous changes and strengthen development in the contemporary world in a stable way.

---